Institut für Prozessarbeit

Psychotherapie Coaching & Beratung Konfliktarbeit

International Conference in Process-Oriented Psychotherapy

Datum 02.10.2026 - 17:00 Uhr bis 03.10.2026 - 15:30 Uhr

Ort

Online

Leitung

Amy Mindell, Kate Jobe, Lily Vassiliou, Anna Gabryjelska-Basiuk, Slávka Takáčová, Joanna Dulińska, Ivan Verny, Reini Hauser et al..

The International Processwork Conference
-- https://konferencja.processwork.pl/en/#prelegenci

Metaskills and Therapeutic Style in Process-Oriented Psychotherapy is organised by the **Institute for Process Oriented Psychology**, in collaboration with the **Polish Association of Process-Oriented Psychotherapists and Practitioners**.

Let's meet.
Let's explore what brings a therapeutic method to life.

What makes therapists work so different, even when they share the same therapeutic approach? What shapes the way they relate to clients, influences their interventions, and gives direction to the therapeutic process?

Our conference is inspired by Amy Mindell's concept of **metaskills**—the qualities and attitudes that underlie therapeutic techniques and make the same method come alive differently in the hands of different therapists.

We warmly invite you to join this international online conference dedicated to metaskills and therapeutic style in Process-Oriented Psychotherapy.

The conference will bring together Processwork teachers, supervisors and psychotherapists from across Europe. Together, we will explore both the diversity and the shared foundations of our work—across countries, professional backgrounds and individual therapeutic styles.

Our focus is not only on the method itself, but also on the person who practices it: how they

understand process, relationship and change, and what enables them to follow the client's unfolding experience.

We are honoured to welcome **Amy Mindell (USA)** as the conference keynote speaker.

Registration: https://konferencja.processwork.pl/en/

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